

## Room Key:

BR— Billiards Room 3rd Floor  
 CC— Commons Café 1st Floor  
 DR— Dining Room 1st Floor

FD— Front Door 1st Floor  
 GR— Garden Room 1st Floor  
 LB— Library 2nd Floor

ML— Main Lobby 1st Floor  
 MR— Movie Room 2nd Floor  
 SP— South Patio 1st Floor

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b> 9:30 Episcopal Communion PD 10:00 Catholic Liturgy LB 10:40 Nondenominational Worship Service GR 2:00 Classic Movie MR 6:00 Classic Movie MR	<b>31 New Years Eve</b> 9:30/10:40 Worship Services 2:00 Classic Movie MR 4:30 – 6:30 Dinner Service DR 5:30 - 7:00 Prize Drawings DR 5:30 Musical Entertainment DR “The Huey Plumleigh Band” 6:45 Champagne Toast DR 7:15 Firework Show DR/SP	<b>Please Note:            All activities            are subject            to change!</b>	<b>Commons Errand Shuttle</b> Gets you wherever you want or need to be & back for <u>only \$10!</u>  Schedule your destination(s) w/ Front Desk <u>at least</u> <u>24-hours in advanced</u>   <b>4th Friday of the Month            Shuttle begins at 12:45pm</b>	<b>Palisade Cleaners</b> Pickup & Delivery Monday & Thursday around 10AM  <b>Alpine Bank</b> <b>1st &amp; 3rd Wed.            9:30 - 10:00am            2nd Flr. Library</b>	<b>Activities            marked with            a * are run            by residents</b>	<b>1</b> 10:00 Balance For Life WR 1:00 Documentary Movie MR 1:00 Card Club w/ Megan GR 2:00 Bunco* CC 5:00 Musical Entertainment DR “Arthur Houle” - Piano *Weekend Puzzle near Mailboxes
<b>2</b> 9:30 Episcopal Communion PD 10:00 Catholic Liturgy LB 10:40 Nondenominational Worship Service GR 11:00 Broncos vs. Cincinnati BR 1:00 GJ Sentinel Reading MR 2:00 Classic Movie MR 6:00 Classic Movie MR	<b>3</b> 9:15 Balance For Life WR 9:30 Shop Walmart FD 11:00 Functionally Fit WR 1:00 GJ Sentinel Reading MR 2:00 Bingo GR 3:00 Something Sweet & Trivia: CC Holiday Chex Mix 6:00 Bunco CC	<b>4</b> 9:15 Balance For Life WR 10:00 Seated Tai Chi For Arthritis WR 10:30 Sing Along BR 1:00 Activity Council Meeting PDR 1:00 Bridge Group* 2nd Floor 1:00 GJ Sentinel Reading MR 2:00 Movie & Popcorn MR 3:30 Afternoon Chit Chat* CC	<b>5</b> 9:15 Balance For Life WR 11:00 Functionally Fit WR 1:00 Coffee w/ A Cop CC Guests: GJ Police & K-9 Unit 1:00 GJ Sentinel Reading MR 2:00 Bible Study MR 3:30 Musical Entertainment DR “Bookcliff Brass Quartet” 5:00 Christmas Carolers DR “GJHS Language Arts” 6:00 Classic Christmas Movie: MR I’ll Be Home Christmas	<b>6</b> 9:15 Balance For Life WR 10:00 Seated Yoga WR 1:00 Enstom’s Candy FD Sign up at the front desk 1:00 Color & Chat* CC 2:00 Bingo GR 3:00 Classic TV: MR 6:30 After Dinner Chit Chat* CC	<b>7</b> 9:15 Balance For Life WR 10:00 Open Art w/ Tim & Tiff CC 10:30-2:00 Holiday Gift Bazaar GR 11:00 Functionally Fit WR 1:00 Poker Group BR 1:00 Shop at the Mesa Mall FD Sign up at the front desk 6:00 UNO Card Game* CC	<b>8</b> 10:00 Balance For Life WR 11:00 Musical Entertainment DR “CHS Orchestra” 1:00 Documentary Movie MR 1:00 Making Hats w/ Megan GR 2:00 Bunco* CC *Weekend Puzzle near Mailboxes
<b>9</b> 9:30 Episcopal Communion PD 10:00 Catholic Liturgy LB 10:40 Nondenominational Worship Service GR 2:00 Classic Movie MR 2:05 Broncos vs. San Francisco BR 6:00 Classic Movie MR	<b>10</b> 9:15 Balance For Life WR 9:30 Shop Walmart FD 11:00 Functionally Fit WR 2:00 Bingo GR 6:00 Bunco CC 6:30 Christmas Carolers DR “Valley Bible Church”	<b>11</b> 9:15 Balance For Life WR 10:00 Seated Tai Chi For Arthritis WR 10:30 Cribbage Card Game BR 1:00 Bridge Group* 2nd Floor 2:00 Movie & Popcorn MR 3:00 Let’s Bake: CC 3:30 Afternoon Chit Chat* CC	<b>12</b> 9:15 Balance For Life WR 11:00 Functionally Fit WR 1:00 Cookies & Conversation! CC 2:00 Bible Study MR 3:30 Musical Entertainment DR “Ron Koss” - Guitar 5:45 Scrapbooking w/ Megan CC 6:00 Classic Christmas Movie: MR A Charlie Brown Christmas	<b>13</b> 9:15 Balance For Life WR 10:00 Seated Yoga WR 1:00 Color & Chat* CC 1:00 Dinosaur Museum FD Sign up at the front desk 2:00 Bingo GR 3:00 Classic TV: 6:30 After Dinner Chit Chat* CC	<b>14</b> 9:15 Balance For Life WR 10:00 Open Art w/ Tim & Tiff CC 10:30 Christmas Carolers DR “Galileo Village” 11:00 Functionally Fit WR 1:00 Poker Group BR 3:00 Book Club Discussion LB 5:30 Musical Entertainment ML “Aurora Livingston” - Piano 6:00 UNO Card Game* CC	<b>15</b> 10:00 Balance For Life WR 12:00 Christmas Carolers DR “Church on the Rocks” 1:00 Documentary Movie MR 2:00 Bunco* CC 6:20 Broncos vs. 49ers BR *Weekend Puzzle near Mailboxes
<b>16</b> 9:30 Episcopal Communion PD 10:00 Catholic Liturgy LB 10:40 Nondenominational Worship Service GR 2:00 Classic Movie MR 6:00 Classic Movie MR	<b>17 Green &amp; Red Day</b> 9:15 Balance For Life WR 9:30 Shop Walmart FD 10:00 AAA Hearing Aid Repair CC 11:00 Functionally Fit WR 2:00 Bingo GR 3:00 Something Sweet & Trivia: CC Daylight Donuts 6:00 Bunco CC	<b>18 Gloves, Scarves,            &amp; Beanie Day</b> 9:15 Balance For Life WR 10:00 Seated Tai Chi For Arthritis WR 10:30 Sing Along BR 1:00 Bridge Group* 2nd Floor 2:00 Movie & Popcorn MR 3:00 Christmas Sweater Making CC 3:30 Afternoon Chit Chat* CC	<b>19 Christmas Accessory Day</b> 9:15 Balance For Life WR 11:00 Functionally Fit WR 1:00 Cookies & Conversation! CC 5:45 Rummy w/ RYS Youth CC 6:00 Classic Christmas Movie: MR Holiday Inn *Scavenger Hunt in Library <b>Dining Room Closes at 2:30pm for            Hilltop Employee Party</b>	<b>20 Flannel / Plaid Day</b> 9:15 Balance For Life WR 10:00 Seated Yoga WR 11:00 Lunch at Thai Number 9 FD Sign up at the front desk 1:00 Color & Chat* CC 2:00 Bingo GR 3:00 Classic TV: MR 6:30 After Dinner Chit Chat* CC	<b>21 Christmas Sweater Day!</b> 9:15 Balance For Life WR 10:00 Open Art w/ Tim & Tiff CC 11:00 Functionally Fit WR 1:00 Poker Group BR 1:00 Shop at the Mesa Mall FD Sign up at the front desk 2:30 Christmas Sweater Party GR 6:00 UNO Card Game* CC 6:00 Holiday Lights Drive FD w/ RYS Sign up at the front desk	<b>22</b> 10:00 Balance For Life WR 1:00 Documentary Movie MR 1:00 Making Gifts for RYS GR 3:00 Wheel of Fortune GR 2:00 Bunco* CC 5:00 Christmas Carolers DR “Steppin It Up” *Weekend Puzzle near Mailboxes
<b>23</b> 9:30 Episcopal Communion PD 10:00 Catholic Liturgy LB 10:40 Nondenominational Worship Service GR 2:00 Classic Movie MR 3:30 Musical Entertainment DR “Sentimental Journey Band” 6:00 Classic Movie MR	<b>24 Christmas Eve</b> 9:30 Eve Of Fun! w/ Elves Amber & Megan • Hot Chocolate! • Ornament Making! • World Xmas Traditions! 6:00 Bunco CC 6:15 Broncos vs Raiders BR	<b>25 Christmas Day</b> 10:00 Christmas Spirits GR and Trivia Mania! 2:00 Movie & Popcorn MR	<b>26</b> 9:15 Balance For Life WR 11:00 Functionally Fit WR 1:00 Cookies & Conversation! CC 2:00 Bible Study MR 3:30 Monthly Cocktail Party with Musical Entertainment DR “Peggy Malone” - Country 5:45 Scrapbooking w/ Megan CC 6:00 Classic Christmas Movie: MR	<b>27</b> 9:15 Balance For Life WR 10:00 Seated Yoga WR 10:00 Clothing Solutions ML 11:00 Lunch at Las Marias FD Sign up at the front desk 12:00 Monthly Birthday Cake DR 1:00 Color & Chat* CC 2:00 Bingo GR 3:00 Classic TV: MR 6:30 After Dinner Chit Chat* CC	<b>28</b> 9:15 Balance For Life WR 10:00 Open Art w/ Tim & Tiff CC 10:00 Walker Wheelchair Repair LB 11:00 Functionally Fit WR 12:45 Commons Errand Shuttle FD 1:00 Poker Group BR 2:30 New Resident Welcoming! GR 6:00 UNO Card Game* CC	<b>29</b> 10:00 Balance For Life WR 1:00 Documentary Movie MR 1:00 Jeopardy GR 2:00 Bunco* CC *Weekend Puzzle near Mailboxes

## Friendly Reminders

**Bible Study** - The 1st, 2nd & 4th Wednesday at 2:00 pm in the Movie Room.

**Bingo** - Mondays & Thursdays at 2:00 pm in the Garden Room

**Bridge Group** - Meets every Tuesday at 1:00 pm by the north elevator area on the second floor. All abilities are welcome.

**Bunco** - Every Monday at 6:00pm & Saturday at 2:00pm in the Commons Café.

**Card Club**— Every 2nd Saturday at 1:00pm in Garden

**Caregiver Support Group** - 3rd Friday of month. Commons Café at 1:00

**Color & Chat**-Every Thursday at 1:00pm in the Commons café.

**Movies** - Classic mysteries, westerns & comedies Sundays at 2:00 & 6:00 pm and Tuesdays at 2:00pm in Movie Room. Documentaries Saturdays at 1:00pm

**Music** - Live music in the Dining Room every other Wednesday at 3:30pm

**Open Art w/Tim & Tiff** - Fridays at 10:00am in Commons Café.

**Poker Group** - Meets every Friday at 1:00 pm in the Billiards Room

**Sing Along** - Every 1st & 3rd, sometimes 5th Tuesday at 10:30am in the Billiards Rm.

**Tai Chi** - Tuesday In the Wellness Room at 10:00 am

**Wii Bowling** - Every 2nd & 4th Tuesday at 10:30am in 3rd Floor Billiards Room

**Yoga** - Thursday In the Wellness Room at 10:00 am

## Special Performances

**Bookcliff Brass Quartet**

Wednesday December 5th at 3:30pm in the Dining Room

**GJHS Christmas Carolers**

Wednesday December 5th at 5:00pm in the Dining Room

**Central High School Orchestra**

Sunday December 8th at 11:00am in the Dining Room

**Valley Bible Church Christmas Carolers**

Monday December 10th at 6:30pm in the Dining Room

**Galileo Village**

Friday December 14th at 10:30am in the Dining Room

**Church on the Rocks Christmas Carolers**

Monday December 15th at 12:00pm in the Dining Room

**Steppin It Up Christmas Carolers**

Sunday December 22nd at 5:00pm in the Dining Room

## Save The Date !

**Activity Council Meeting**

Monday December 4th at 1:00pm in the Private Dining Room

**Cookies & Conversation**

Guest Speakers: GJPD & K-9 Unit

Wednesday December 5th at 1:00pm in the Commons Cafe

**Holiday Gift Bazaar**

Friday December 7th at 10:30am - 2:00pm in the Garden Room

**Resident Council Meeting**

Wednesday December 19th at 1:30pm in the Garden Room

Remember to Wear Your Nametag

**Christmas Sweater Party!**

*Make Your Sweater on the 18th*

Friday December 21st at 2:30pm in the Garden Room

**New Resident Welcoming!**

Friday December 28th at 2:30pm in the Garden Room

## Changes To Your Routine:

- Cribbage Card Game has replaced Wii Bowling on 2nd and 4th Tuesday of the month at 10:30am in the 3rd Floor Billiards Room
- AAA Hearing will be in a week early due to the Holidays, on December 17th at 10am in the Commons Cafe

**Grand Mesa Medical Supply**  
L.L.C.

4th Friday of the Month

10:00am

Library Room on 2nd Floor  
Walker & Wheelchair Maintenance



**Alpine Bank**

1st & 3rd Wednesdays 9:30 - 10:00am

Library Room on Second Floor



**Palisade Cleaners**

**Pickup & Delivery**

**Monday & Thursday around 10AM**