


Room Key:

BR— Billiards Room 3rd Floor
CC— Commons Café 1st Floor

DR— Dining Room 1st Floor
FD— Front Door 1st Floor
GR— Garden Room 1st Floor
LB— Library 2nd Floor
CC— Main Lobby 1st Floor

MR— Movie Room 2nd Floor
SP— South Patio 1st Floor
WR— Wellness Room 2nd Flr.
CC— Multipurpose Room 1st Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 9:00 Balance For Life WR 10:00 Functionally Fit WR <i>COVID Booster Clinic GR</i> <i>10:00PM to 2:00PM</i> 3:30 Afternoon Chit-Chat* CC 6:00 Bunco* CC	2 9:00 Balance For Life WR 10:00 Morning Stretch WR 2:00 Card Bingo MPR	3 9:00 Balance For Life WR 10:00 Functionally Fit WR 1:30 Culinary Corner CC	4 9:00 Balance For Life WR 10:00 Morning Stretch WR 10:00 Food Committee GR	5 1:00 Color & Chat* CC 1:00 Poker Group* BR 3:00 Knitting & Crochet LB	6 10:00 Balance For Life WR 10:00 Mexican Train* CC 2:00 Bunco* CC *Weekend Puzzle near Mailboxes
7 End Daylight Savings 1:30 Catholic Mass LB 2:00 Nondenominational Worship Service GR	8 9:00 Balance For Life WR 10:00 Functionally Fit WR 2:00 Bingo GR 3:30 Afternoon Chit-Chat* CC 6:00 Bunco* CC	9 9:00 Balance For Life WR 10:00 Morning Stretch WR 2:00 Card Bingo MPR 2:30 Seated Dance Class GR	10 9:00 Balance For Life WR 10:00 Functionally Fit WR 1:30 Culinary Corner CC	11 Veteran's Day 9:00 Balance For Life WR 9:30 Men's Coffee & Chat* CC 10:00 Morning Stretch WR 4:00 Store Open CC	12 1:00 Color & Chat* CC 1:00 Poker Group* BR 1:30 Shop Walmart FD <i>Sign up at the front desk</i> 3:00 Knitting & Crochet LB 3:00 Musical Entertainment DR <i>"Betty playing Piano"</i>	13 10:00 Balance For Life WR 10:00 Mexican Train* CC 2:00 Bunco* CC *Weekend Puzzle near Mailboxes
14 1:30 Nondenominational Worship Group GR 2:00 Art & Soul CC	15 9:00 Balance For Life WR 10:00 Functionally Fit WR 2:00 Bingo GR 3:30 Afternoon Chit-Chat* CC 6:00 Bunco* CC	16 9:00 Balance For Life WR 9:45 AAA Hearing CC 10:00 Morning Stretch WR 2:00 Card Bingo MPR	17 9:00 Balance For Life WR 10:00 Functionally Fit WR 1:30 Resident Council Meeting GR	18 9:00 Balance For Life WR 10:00 Morning Stretch WR 4:00 Store Open CC	19 1:00 Color & Chat* CC 1:00 Poker Group* BR 3:00 Book Club Discussion PDR 3:00 Knitting & Crochet LB	20 10:00 Balance For Life WR 10:00 Mexican Train* CC 2:00 Bunco* CC *Weekend Puzzle near Mailboxes
21 1:30 Catholic Mass LB 2:00 Nondenominational Worship Service GR	22 9:00 Balance For Life WR 10:00 Functionally Fit WR 2:00 Bingo MPR 3:30 Afternoon Chit-Chat* CC 6:00 Bunco* CC	23 9:00 Balance For Life WR 10:00 Morning Stretch WR 2:00 Card Bingo MPR 2:30 Seated Dance Class GR	24 9:00 Balance For Life WR 10:00 Functionally Fit WR 1:30 Culinary Corner CC	25 Thanksgiving Activities to be Announced	26 1:00 Color & Chat* CC 1:00 Poker Group* BR 3:00 Knitting & Crochet LB	27 10:00 Mexican Train* CC 2:00 Bunco* CC *Weekend Puzzle near Mailboxes
28 1:30 Nondenominational Worship Group GR 2:00 Art & Soul CC	29 9:00 Balance For Life WR 10:00 Functionally Fit WR 2:00 Bingo GR 3:30 Afternoon Chit-Chat* CC 6:00 Bunco* CC	30 9:00 Balance For Life WR 10:00 Morning Stretch WR 2:00 Card Bingo MPR			Please Note: All activities are subject to change!	Activities marked with an * are run by residents

Friendly Reminders

Bingo - Mondays at 2:00pm at in the Garden Room.

Trade in your Chips! - Every Thursday from 4:00pm - 4:30pm in the Commons Café. Bring your chips and punch cards and trade them in for goodies!

Please Note: Because of the unprecedented times that we are currently living in, these events may be cancelled at any time. Thank you for understanding.

Changes To Your Routine:

Daylight Savings Time Ends on November 7th! Don't forget to fall back an hour on all your clocks!

NEW Men's Coffee & Chat will be on *Thursday* at 9:30am in the Commons Café. Join us on **November 11th**.

Art & Soul class with Lindsey will be moved to every other *Sunday* at 2:00pm in the **Commons Cafe**. Please join on the **14th** and the **28th**!

Seated Dance Class will be *twice a month* on the **2nd and 4th Tuesday** (9th & 23rd) at **2:30pm** in the *Garden Room*.

Book Club Discussion will be on *Friday November 29th* at 3:00pm in the **Private Dining Room**. This month we will be discussing "Educated".

Grand Mesa Medical can come to the lobby to pick up items to be repaired. *Please call them to schedule an appointment.*

Veteran's Service and Thanksgiving Day Activities will be **announced** later. Please watch for fliers around the building and in the elevators for times and locations for both of these days this month.

Save The Date!

Resident Council Meeting

Wednesday, **November 17th** at **1:30pm** in the **Garden Room**. Please remember to socially distanced and wear masks if you are not vaccinated against COVID-19.
Remember to wear your name tag!

AAA Hearing Air Repair

Commons Café on Tuesday October 12th at 9:45am.

Food Committee

Thursday November 4th at 10:00am in the Garden Room

Upcoming Events!

Please Note: Because of the unprecedented times that we are currently living in, these events may be cancelled at any time. Thank you for understanding.

Walmart Shopping, Friday November 12th. Be in the lobby at 1:30pm.

There will not be City Market Shopping this month. Please plan on going next month. We apologize for any inconvenience. Please see the front desk to fill out a personal shopping list for items that you need sooner.

Space is limited. Please sign up at the front desk.

In order to participate in these outings, it is required that a face covering is worn the entire time.