

Room Key:

BR— Billiards Room 3rd Floor
CC— Commons Café 1st Floor

DR— Dining Room 1st Floor
FD— Front Door 1st Floor
GR— Garden Room 1st Floor
LB— Library 2nd Floor
CC— Main Lobby 1st Floor

MR— Movie Room 2nd Floor
SP— South Patio 1st Floor
WR— Wellness Room 2nd Flr.
CC— Multipurpose Room 1st Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>COLOR KEY</p> <p>GREEN - New or RE-TURNING Activity</p> <p>RED - Important activity, mark your calendar!</p> <p>BLUE - Event, outing, or entertainment</p>		<p>Please Note:</p> <p>All activities are subject to change!</p>	<p>Activities marked with an * are run by residents</p>	<p>1</p> <p>9:00 Balance For Life WR</p> <p>10:00 Food Committee GR</p> <p>10:00 Morning Stretch WR</p> <p>10:30 Color & Chat* CC</p> <p>1:30 Cribbage Game* CC</p> <p>2:00 Bingo GR</p>	<p>2</p> <p>9:00 Balance For Life WR</p> <p>10:30 Crafter's Corner CC</p> <p>11:00 Functionally Fit WR</p> <p>1:00 Poker Group* BR</p> <p>1:30 Culinary Corner CC</p> <p>2:00 Movie Matinee MR</p>	<p>3</p> <p>10:00 Balance For Life WR</p> <p>2:00 Bunco* CC</p> <p>*Weekend Puzzle near Mailboxes</p>
<p>4</p> <p>1:30 Catholic Liturgy LB</p> <p>2:00 Nondenominational Worship Group GR</p>	<p>5</p> <p>9:00 Balance For Life WR</p> <p>11:00 Functionally Fit WR</p> <p>2:00 Friends of Bill W. * LB</p> <p>2:00 Bingo GR</p> <p>3:30 Afternoon Chit-Chat* CC</p> <p>6:00 Bunco* CC</p>	<p>6</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>10:30 Aggravation Game BR</p> <p>1:00 Poker Group* BR</p> <p>2:00 Card Bingo MPR</p> <p>3:00 Games w/Olivia CC</p>	<p>7</p> <p>9:00 Balance For Life WR</p> <p>10:30 Mexican Train* CC</p> <p>11:00 Functionally Fit WR</p> <p>1:30 Bible Study LB</p> <p>4:00 C-Mart Store Open</p>	<p>8</p> <p>9:00 Balance For Life WR</p> <p>9:30 New Resident Welcoming GR</p> <p>10:00 Morning Stretch WR</p> <p>1:30 Bridge Game* CC</p> <p>2:00 Bingo GR</p> <p>6:30 After Dinner Chit-Chat* CC</p>	<p>9</p> <p>9:00 Balance For Life WR</p> <p>10:30 Crafter's Corner CC</p> <p>11:00 Functionally Fit WR</p> <p>1:00 Poker Group* BR</p> <p>1:30 Culinary Corner CC</p> <p>1:30 Shop Walmart FD</p> <p><u>Sign up at the front desk</u></p> <p>2:00 Matinee Movie MR</p>	<p>10</p> <p>10:00 Balance For Life WR</p> <p>2:00 Bunco* CC</p> <p>*Weekend Puzzle near Mailboxes</p>
<p>11</p> <p>1:30 Catholic Liturgy LB</p> <p>2:00 Nondenominational Worship Group GR</p>	<p>12</p> <p>9:00 Balance For Life WR</p> <p>11:00 Functionally Fit WR</p> <p>2:00 Friends of Bill W. * LB</p> <p>2:00 Bingo GR</p> <p>3:30 Afternoon Chit-Chat* CC</p> <p>6:00 Bunco* CC</p>	<p>13</p> <p>9:00 Balance For Life WR</p> <p>9:45 AAA Hearing CC</p> <p>10:00 Morning Stretch WR</p> <p>10:30 Aggravation Game BR</p> <p>1:00 Poker Group* BR</p> <p>2:00 Card Bingo MPR</p> <p>3:00 Games w/Olivia CC</p>	<p>14</p> <p>9:00 Balance For Life WR</p> <p>10:30 Mexican Train* CC</p> <p>11:00 Functionally Fit WR</p> <p>1:30 Connection & Conversation GR</p> <p>1:30 Bible Study LB</p> <p>4:00 C-Mart Store Open</p>	<p>15</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>10:30 Color & Chat* CC</p> <p>12:00 Birthday Luncheon DR</p> <p>1:30 Cribbage Game* CC</p> <p>2:00 Bingo GR</p> <p>6:30 After Dinner Chit-Chat* CC</p>	<p>16</p> <p>9:00 Balance For Life WR</p> <p>10:30 Crafter's Corner CC</p> <p>11:00 Functionally Fit WR</p> <p>1:00 Poker Group* BR</p> <p>2:00 Matinee Movie MR</p> <p>3:00 Book Club Discussion GR</p>	<p>17</p> <p>10:00 Balance For Life WR</p> <p>2:00 Bunco* CC</p> <p>*Weekend Puzzle near Mailboxes</p>
<p>18</p> <p>1:30 Catholic Liturgy LB</p> <p>2:00 Nondenominational Worship Group GR</p>	<p>29</p> <p>9:00 Balance For Life WR</p> <p>11:00 Functionally Fit WR</p> <p>2:00 Friends of Bill W. * LB</p> <p>2:00 Bingo GR</p> <p>3:30 Afternoon Chit-Chat* CC</p> <p>6:00 Bunco* CC</p>	<p>20</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>2:00 Card Bingo MPR</p> <p>3:00 Games w/Olivia CC</p>	<p>21</p> <p>9:00 Balance For Life WR</p> <p>10:30 Mexican Train* CC</p> <p>11:00 Functionally Fit WR</p> <p>1:30 Resident Council GR</p> <p>4:00 C-Mart Store Open</p>	<p>22</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>10:00 Activities Committee GR</p> <p>10:30 Color & Chat* CC</p> <p>1:30 Bridge Game* CC</p> <p>2:00 Bingo GR</p> <p>6:30 After Dinner Chit-Chat* CC</p>	<p>23</p> <p>9:00 Balance For Life WR</p> <p>10:30 Crafter's Corner CC</p> <p>11:00 Functionally Fit WR</p> <p>1:00 Poker Group* BR</p> <p>1:30 Culinary Corner CC</p> <p>2:00 Matinee Movie MR</p>	<p>24</p> <p>10:00 Balance For Life WR</p> <p>2:00 Bunco* CC</p> <p>*Weekend Puzzle near Mailboxes</p>
<p>25</p> <p>1:30 Catholic Liturgy LB</p> <p>2:00 Nondenominational Worship Group GR</p>	<p>26</p> <p>9:00 Balance For Life WR</p> <p>11:00 Functionally Fit WR</p> <p>2:00 Friends of Bill W. * LB</p> <p>2:00 Bingo GR</p> <p>3:30 Afternoon Chit-Chat* CC</p> <p>6:00 Bunco* CC</p>	<p>27</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>2:00 Card Bingo MPR</p> <p>3:00 Games w/Olivia CC</p>	<p>28</p> <p>9:00 Balance For Life WR</p> <p>10:30 Mexican Train* CC</p> <p>11:00 Functionally Fit WR</p> <p>1:30 Connection & Conversation GR</p> <p>1:30 Bible Study LB</p> <p>3:00 Cocktail Party DR</p>	<p>29</p> <p>9:00 Balance For Life WR</p> <p>10:00 Morning Stretch WR</p> <p>2:00 Bingo GR</p> <p>6:30 After Dinner Chit-Chat* CC</p>	<p>30</p> <p>9:00 Balance For Life WR</p> <p>10:30 Crafter's Corner CC</p> <p>11:00 Functionally Fit WR</p> <p>1:00 Poker Group* BR</p> <p>1:30 Shop City Market FD</p> <p><u>Sign up at the front desk</u></p> <p>2:00 Matinee Movie MR</p>	<div style="border: 2px solid blue; padding: 5px;"> <p>Commons Errand Shuttle</p> <p>Gets you wherever you want or need to be & back for <u>only \$10!</u></p> <p>Schedule your destination(s) w/ Front Desk at least <u>24 hours</u> in advanced</p> <p>4th Wednesday of the Month Shuttle begins at 12:45pm</p> </div>

Friendly Reminders

Bingo - Mondays at 2:00pm and Thursdays at 2:00pm in the Garden Room.

Culinary Corner - On the first, second, and fourth Friday at 1:30pm in the Commons Café. Come and make a tasty recipe. Donate a recipe that you miss making!

Bible Study- Join Mr. Branaman in the Library on the first, second, fourth, and fifth Wednesday at 2:30pm for bible study.

Movie Matinee - Friday afternoon at 2:00pm, join us in the movie room for a different movie each week!

Trade in your Chips! - Every *Wednesday* (not the last Wednesday of the month) from 4:00pm - 4:30pm in the Commons Café. Bring your chips and punch cards and trade them in for goodies!

Please Note: Because of the unprecedented times that we are currently living in, these events may be cancelled at any time. Thank you for understanding.

Changes To Your Routine:

Please note that Mexican Train has been moved to Wednesdays at 10:30 in the Commons Café.

Book Club Discussion will be on *Wednesday, September 16th*, at 3:00pm in the **Garden Room**. This month we will be discussing “**Breaking Night by Liz Murray**”.

Please watch for flyers in elevators and bulletin boards for special speakers coming in for Connection and Conversation (as regulations permit)!

Seated dance class is on the 2nd & 4th Tuesdays at 2:30pm in the **Wellness Room**.

Grand Mesa Medical can come to the lobby to pick up items to be repaired. *Please call them to schedule an appointment.*

Save The Date!

Food Committee

Thursday September 1st at 10:00am in the Garden Room

AAA Hearing Air Repair

Commons Café on Tuesday September 13th at 9:45am.

New Resident Welcoming

Thursday September 8th at 9:30am in the Garden Room.

Resident Council Meeting

September 21st at 1:30pm in the Garden Room.

Wear your name tag to earn a wellness chip.

Activities Meeting

September 22nd at 10:00am in the Garden Room.

Upcoming Events!

Please Note: Because of the unprecedented times that we are currently living in, these events may be cancelled at any time. Thank you for understanding.

Walmart Shopping, Friday September 16th. Be in the lobby at 1:30pm.

City Market Shopping, Friday September 30th. Be in the lobby at 1:30pm.

Space is limited. Please sign up at the front desk.

In order to participate in these outings, it is required that a face covering is worn the entire time.