

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PURPLE—Outings: <u>Please sign up at the front desk!</u> BLUE – Entertainment/events GREEN - New/ RETURNING Activity RED - Important activity, mark your calendar!						
	6	7	8	9	10	12
	13	14	15	16	17	19
	20	21	22	23	24	26
	27	28	29	30	31	

Elder Law Series
Fridays at 10:00AM

- Grandparent Visitation
- Renter's Rights: Housing Law Update

Activities indicated with an asterisk* are resident led.

Staff will prepare supplies for these activities, but will not be staying for it's dura-

Friendly Reminders

Bingo - Mondays & Thursdays at 2:00pm in the Garden Room.

**Play a quarter per Bingo card OR play for candy*

Free-to-Play BINGO - Saturdays and Wednesday 10/23 this month at 1:00pm in the Garden Room. No quarters needed—win some snacks!

Culinary Corner - Every Friday at 1:30pm in the Commons Café. Come and make a tasty recipe. Donate a recipe that you miss making!

Bible Study- Join Mr. Branaman in the **Movie Room** on Wednesdays at 1:30pm for bible study.

Movie Matinee - Friday & Saturday afternoon at 2:00pm, join us in the Movie Room for a different movie each week!

Trade in your Chips! - Every *Wednesday and Friday* (not the last Wednesday of the month) from 4:00pm - 4:30pm in the Commons Café. Bring your chips and punch cards and trade them in for goodies!

Errand Shuttle - 10/2 at 9AM—10/30 at 1:30PM. Sign up at the Front Desk to get onto the list—A \$10 fee will be added to your monthly bill per shuttle use.

Changes To Your Routine:

Book Club Discussion—Friday, October 18th at 3:00PM.

In the Garden Room

Cocktail Party—Wednesday, October 30th at 3:00PM.

In the Dining Room

Girl Scouts Trunk or Treat—Sunday, October 27th—3PM-5PM.

South Patio & Dining Room

Trick or Treat Street—Thursday, October 31st—4:30PM-6PM.

1st Floor Lobby & Dining Room

Please watch for flyers in elevators and bulletin boards for special events!

Save The Date!

Food Committee

Thursday, October at 10:00AM in the Commons Café.

Activities Meeting

Thursday, October 17th at 11:00AM in the Commons Café.

Mindfulness Group

Wednesdays, October 2nd, 16th, & 30th at 10:00AM in the Movie Room.

A space designed for you to learn about mindfulness & discover ways to integrate it into your life.

Resident Council Meeting

Wednesday, October 16th at 1:30PM in the Garden Room

Wear your name tag to earn an activity chip!

Upcoming Outings!

Errand Shuttle—Wednesday, October 2nd. Be in the lobby at 9AM.

Color Drive—Thursday, October 3rd. Be in the lobby at 1PM.

Walk 2 End Alzheimer's—Saturday, October 5th. Be in the lobby at 9AM.

Michaels/Hobby Lobby—Wednesday, October 9th. Be in the lobby at 1:30PM.

Starvin' Arvin's Breakfast—Thursday, October 10th. Be in the lobby at 8:15AM.

Walmart Shopping—Friday, October 11th. Be in the lobby at 1:30PM.

Mesa County Library—Wednesday, October 16th. Be in the lobby at 9:15AM.

ARC Shopping—Wednesday, October 23rd. Be in the lobby at 9:15AM.

Olive Garden Lunch—Thursday, October 24th. Be in the lobby at 10:30AM.

City Market Shopping—Friday, October 25th. Be in the lobby at 1:30PM.

Errand Shuttle—Wednesday, October 30th. Be in the lobby at 1:30PM

Spoons Breakfast—Thursday, October 31st. Be in the lobby at 8:15AM.

Space is limited. Please sign up at the front desk.