

MARCH 2025 - Week 1

PURPLE - PLEASE SIGN UP; Outing or Special Activity
 BLUE - Entertainment/Events
 GREEN - New or Returning Activity
 RED - Important Activity, mark your calendar!

<u>Sunday</u> March 2	<u>Monday</u> March 3	<u>Tuesday</u> March 4	<u>Wednesday</u> March 5	<u>Thursday</u> March 6	<u>Friday</u> March 7	<u>Saturday</u> March 8
<p>9:30 Catholic Liturgy Library</p> <p>10:00 Sunday Creations Commons Cafe</p> <p>2:00 Nondenom. Worship Group Garden Room</p> <p>3:00 Mexican Train Dominos Billiards Room</p>	<p>8:30 Breakfast with Timindra Dining Room</p> <p>9:00 Balance for Life Wellness Room</p> <p>10:00 Getting Crafty Commons Cafe</p> <p>Bridge* Billiards Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Bridge* Billiards Room</p> <p>Corn Hole Wellness Room</p> <p>12:30 Chat with Cheryl Commons Cafe</p> <p>1:00 Poker Group Billiards Room</p> <p>Documentary - Yellowstone- Garden Room</p> <p>1:30 Pinochle Wellness Room</p> <p>2:00 Pay-to-Play Card Bingo Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>Errand Shuttle Front Door</p> <p>9:30 Beginner Bridge Library</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:30 Bible Study Movie Room</p> <p>2:00 Pinching Pennies Billiards Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Corn Hole Wellness Room</p> <p>10:30 Crafty Corner Commons Cafe</p> <p>11:00 The Feisty Pint Lunch Outing Front Door</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>10:00 Games UNO* Commons Cafe</p> <p>"Wills & Trusts" Senior Law Series Garden Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Culinary Corner Commons Cafe</p> <p>2:00 Matinee Movie: Funny Farm Movie Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>10:00 Balance for Life Wellness Room</p> <p>10:30 Mexican Train Dominos Billiards Room</p> <p>1:00 Saturday Serenity - Guided Meditation~ Wellness Room</p> <p>2:00 Matinee Movie: Funny Farm Movie Room</p> <p>*Weekend Puzzle near Mailboxes</p>

MARCH 2025 - Week 2

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Sunday March 9	Monday March 10	Tuesday March 11	Wednesday March 12	Thursday March 13	Friday March 14	Saturday March 15
<p>9:30 Catholic Liturgy Library</p> <p>10:00 Sunday Creations Commons Cafe</p> <p>2:00 Nondenom. Worship Group Garden Room</p> <p>3:00 Mexican Train Dominos* Billiards Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Getting Crafty Commons Cafe</p> <p>Bridge* Billiards Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Tech Talk Commons Cafe</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:45 AAA Hearing Commons Cafe</p> <p>10:00 Crafts with Gail Commons Cafe</p> <p>Bridge* Billiards Room</p> <p>Corn Hole Wellness Room</p> <p>12:30 Chat with Cheryl Commons Cafe</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Pinochle Wellness Room</p> <p>2:00 Pay-to-Play Card Bingo Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:30 Bible Study Movie Room</p> <p>2:00 Pinching Pennies Billiards Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Corn Hole Wellness Room</p> <p>Food Committee Meeting Commons Cafe</p> <p>10:30 Crafty Corner Commons Cafe</p> <p>11:30 Birthday Luncheon with Live Music Dining Room</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>10:00 Games *RUMMIKUB* Commons Cafe</p> <p>“Tax Resources for Seniors” Senior Law Series Garden Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Culinary Corner Commons Cafe</p> <p>Walmart Shopping Front Door</p> <p>2:00 Matinee Movie: Brigadoon Movie Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>10:00 Balance for Life Wellness Room</p> <p>10:30 Mexican Train Dominos Billiards Room</p> <p>12:30 Cooking with Cheryl ~Gingerbread & Warm Lemon Sauce Commons Cafe</p> <p>1:00 Saturday Serenity ~Journaling~ Wellness Room</p> <p>2:00 Matinee Movie: Brigadoon Movie Room</p> <p>*Weekend Puzzle near Mailboxes</p>

MARCH 2025 - Week 3

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Sunday March 16	Monday March 17	Tuesday March 18	Wednesday March 19	Thursday March 20	Friday March 21	Saturday March 22
<p>9:30 Catholic Liturgy Library</p> <p>10:00 Sunday Creations Commons Cafe</p> <p>2:00 Nondenom. Worship Group Garden Room</p> <p>3:00 Mexican Train Dominos Billiards Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Getting Crafty Commons Cafe</p> <p>11:00 Functionally Fit Wellness Room</p> <p>12:00 Commons Choral Group Dining Room</p> <p>2:00 Bingo Garden Room</p> <p>Saint Patrick's Day </p>	<p>9:00 Balance for Life Wellness Room</p> <p>Bridge* Billiards Room</p> <p>Corn Hole Wellness Room</p> <p>12:30 Chat with Cheryl Commons Cafe</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Pinochle Wellness Room</p> <p>2:00 Pay-to-Play Card Bingo Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:30 Resident Council Meeting Garden Room</p> <p>Bible Study Movie Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Corn Hole Wellness Room</p> <p>10:30 Crafty Corner Commons Cafe</p> <p>1:00 Activities Meeting Commons Cafe</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>10:00 Games *SEQUENCE* Commons Cafe</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Culinary Corner Commons Cafe</p> <p>2:00 Matinee Movie: Tulsa Movie Room</p> <p>3:00 Book Club Discussion Garden Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>10:00 Balance for Life Wellness Room</p> <p>10:30 Mexican Train Dominos Billiards Room</p> <p>1:00 Saturday Serenity ~Chair Yoga~ Wellness Room</p> <p>2:00 Matinee Movie: Tulsa Movie Room</p> <p>Life Adjustment Program Car Show Front Door</p> <p>*Shuttle Services will be provided to those interested*</p> <p>*Weekend Puzzle near Mailboxes</p>

MARCH 2025 - Week 4

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<u>Sunday</u> March 23	<u>Monday</u> March 24	<u>Tuesday</u> March 25	<u>Wednesday</u> March 26	<u>Thursday</u> March 27	<u>Friday</u> March 28	<u>Saturday</u> March 29
<p>9:30 Catholic Liturgy Library</p> <p>10:00 Sunday Creations Commons Cafe</p> <p>2:00 Nondenom. Worship Group Garden Room</p> <p>3:00 Mexican Train Dominos Billiards Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Getting Crafty Commons Cafe</p> <p>Bridge* Billiards Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Tech Talk Commons Cafe</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Bridge* Billiards Room</p> <p>Corn Hole Wellness Room</p> <p>12:30 Chat with Cheryl Commons Cafe</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Pinochle Wellness Room</p> <p>2:00 Pay-to-Play Card Bingo Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:30 Bible Study Movie Room</p> <p>3:00 Cocktail Party Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Corn Hole Wellness Room</p> <p>10:30 Crafty Corner Commons Cafe</p> <p>1:00 Palisade Scenic Drive Front Desk</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>10:00 Games *GO FISH* Commons Cafe</p> <p>“What You Need to Know When Someone Dies” Senior Law Series Garden Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Culinary Corner Commons Cafe</p> <p>City Market Shopping Front Door</p> <p>2:00 Matinee Movie: Once Upon a Texas Train Movie Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>10:00 Balance for Life Wellness Room</p> <p>10:30 Mexican Train Dominos Billiards Room</p> <p>11:30 Grand Mesa Pow-Wow Front Desk</p> <p>12:30 Cooking with Cheryl -Coca-Cola Cake Commons Cafe</p> <p>1:00 Saturday Serenity -Group Discussion- Wellness Room</p> <p>2:00 Matinee Movie: Once Upon a Texas Train Movie Room</p> <p>*Weekend Puzzle near Mailboxes</p>

MARCH 2025 - Week 5

PURPLE - PLEASE SIGN UP; Outing or Special Activity
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Sunday March 30	Monday March 31	Tuesday April 1	Wednesday April 2	Thursday April 3	Friday April 4	Saturday April 5
<p>9:30 Catholic Liturgy Library</p> <p>10:00 Sunday Creations Commons Cafe</p> <p>11:30 Grand Mesa Pow-Wow Front Desk</p> <p>2:00 Nondenom. Worship Group Garden Room</p> <p>3:00 Mexican Train Dominos Billiards Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Balance for Life Wellness Room</p> <p>10:00 Getting Crafty Commons Cafe</p> <p>11:00 Bridge* Billiards Room</p> <p>11:00 Functionally Fit Wellness Room</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Bridge* Billiards Room</p> <p>Corn Hole Wellness Room</p> <p>12:30 Chat with Cheryl Commons Cafe</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Pinochle Wellness Room</p> <p>2:00 Pay-to-Play Card Bingo Commons Cafe</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:30 Bible Study Movie Room</p> <p>2:00 Pinching Pennies Billiards Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>10:00 Corn Hole Wellness Room</p> <p>10:30 Crafty Corner Commons Cafe</p> <p>2:00 Bingo Garden Room</p>	<p>9:00 Balance for Life Wellness Room</p> <p>9:30 Beginner Bridge Library</p> <p>10:00 Games *SKIP-BO* Commons Cafe</p> <p>11:00 Functionally Fit Wellness Room</p> <p>1:00 Poker Group Billiards Room</p> <p>1:30 Culinary Corner Commons Cafe</p> <p>2:00 Matinee Movie: Meet Me in St. Louis Movie Room</p> <p>4:00 C-Mart Store Open Commons Cafe</p>	<p>10:00 Balance for Life Wellness Room</p> <p>10:30 Mexican Train Dominos Billiards Room</p> <p>1:00 Saturday Serenity ~Chair Yoga~ Wellness Room</p> <p>2:00 Matinee Movie: Meet Me in St. Louis Movie Room</p> <p>*Weekend Puzzle near Mailboxes</p>

Friendly Reminders

Bingo - Mondays & Thursdays @ 2PM - **Garden Room**

*Play a quarter per Bingo card **OR** play for candy

Culinary Corner - Fridays @ 1:30PM - **Commons Café**

*Make a tasty recipe and donate a recipe you want to try!

Movie Matinee - Fridays & Saturdays @ 2PM - **Movie Room**

Bible Study - Wednesdays @ 1:30PM - **Movie Room**

Trade your Chips! Wednesdays & Fridays @ 4PM (**except 3/26**) - **Commons Café**

*Bring your chips and punch cards to redeem them for sweet treats, hygiene items, and more!

Errand Shuttle - **3/5 @ 9AM**. Sign up at the Front Desk to reserve your ride!

*A \$10 fee will be added to your monthly bill per ride.

CHANGES TO YOUR ROUTINE

Chat with Cheryl - TUESDAYS

In the Commons Cafe @ 12:30PM

Book Club Discussion- Friday, March 21st

In the Garden Room @ 3:00PM

Cocktail Party - Wednesday, March 26th

In the Garden Room @ 3:00PM

Cooking with Cheryl - Saturdays 3/15 and 3/29

In the Commons Cafe @ 12:30PM

Please watch for flyers around the building for special events!

Save the Date!

Food Committee

Thursday, March 6th @ 10AM

Commons Café

Resident Council Meeting

Wednesday, March 19th @ 1:30PM

Garden Room

Activities Meeting

Thursday, March 20th @ 1PM

Commons Café

February Outings

- **Errand Shuttle - Wednesday, 3/5**
 - Be in the lobby at 9AM.
- **The Feisty Pint Lunch - Thursday 3/6**
 - Be in the lobby at 11AM.
- **Walmart Shopping - Friday 3/14**
 - Be in the lobby at 1:30PM.
- **Palisade Scenic Drive - Thursday 3/27**
 - Be in the lobby at 1:00PM.
- **City Market Shopping - Friday 3/28**
 - Be in the lobby at 1:30PM.
- **Grand Mesa Pow-Wow - March 29 & 30**
 - Be in the lobby at 11:30AM.